

# TOP TIPS TO AVOID HIDDEN HAZARDS

- 1** Look for **MADE SAFE certified products**. They have been screened for hundreds of chemicals of concern by a non-profit
- 2** Choose **natural and inert materials**, such as GOTS Organic certified fabrics, glass, stainless steel, and unfinished wood. Avoid PVC/vinyl.
- 3** Seek out **flame retardant (FR)-free foam-based items**. Look for labels stating no added FRs. If there's no label, ask.
- 4** Choose **solid wood furniture over plywood or particle board** to avoid formaldehyde and other solvents.
- 5** **Ask yourself if you need it**. There are a lot of cute things for baby - and many of them just add to clutter. Use multi-purpose furniture to extend its usefulness.



[www.gettingready4baby.org](http://www.gettingready4baby.org)

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THE **BABY**  
PRODUCTS  
GUIDE

[bit.ly/GRFB2018](http://bit.ly/GRFB2018)

# WHY THIS GUIDE?

There are over 1,000 chemicals in children's products that can contribute to harming a child's health and development. Most parents assume that if a baby product is on a store shelf, the chemicals that could harm their baby's health have been screened out. It's not true, but it should be. The Getting Ready for Baby campaign is aimed at achieving just that.

In the meantime, parents need easy access to free resources that help them learn about harmful chemicals in baby products and how to find safer ones. The Safe Baby Products Guide is a new, FREE online tool to help parents keep their children safe from harmful chemicals hiding in baby products.

**CHECK IT OUT!**  
[bit.ly/GRFB2018](http://bit.ly/GRFB2018)

"EVERYONE SHOULD HAVE EASY ACCESS TO SAFE, HEALTHY PRODUCTS FOR THE BABIES IN THEIR LIVES."



## HOW TO USE THE GUIDE:

- 1 Find information about a particular product, when you just need one thing.
- 2 Learn what to think about when you buy products, and download recommendations on each page to keep them for later.
- 3 Build an online gift registry using the tools created by BabyList.

## FAST FACTS

### HIDDEN HAZARD:

### FLAME RETARDANTS

- **Find them in:** Foam products, furniture, baby gear, electronics
- **Health Effects:** Cancer, harm to development and brain, infertility

### HIDDEN HAZARD:

### BISPHENOLS

- **Find them in:** Plastic food and drink containers, food can linings
- **Health Effects:** Cancer, diabetes, harm reproduction and development, damage DNA, disrupt hormones

### HIDDEN HAZARD:

### FORMALDEHYDE

- **Find them in:** Children's clothing and footwear, furniture and composite wood toys
- **Health Effects:** breathing problems and cancer